

INTRODUCTION BOOKLET
G.F.S.V. "PHARMACIAE SACRUM"
2023-2024



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Wellicht lijkt het jou en je gezelschap leuk om mee te quizen met één van onze wekelijkse Pubquizen op woensdag om 20.00u en/of op zondag om 19.00u? Op zondagavond vanaf 22.00u is er Special Sunday met speciaalbier en whisk(e)y's voor de helft van de prijs.

Daarbij is er iedere 1e donderdag v/d maand de Pop & Showbizzquiz!

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G.F.S.V.
PHARMACIAE SACRUM
SINDE 1881

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Introduction committee



Dear first-year students,

Welcome to the study of Pharmacy in Groningen! You all made the choice to study Pharmacy and we are convinced that you will not regret it, as it is one of the most fun studies to do. In Groningen you will meet a lot of new people and this starts with meeting your fellow students and other people from our study association during the Introduction Day and Introduction Weekend. This Introduction Day and Introduction Weekend are organized by this year's Introduction Committee, recognisable by our blue polo shirts. We will make sure you get to know your fellow students and introduce you to the greatest association of all, G.F.S.V. "Pharmaciae Sacrum" (P.S.). Our committee consists of Mano, Rosa, Kai, Jasmijn, Sophie and Britt, which are students from the third and fourth year. The name of our Introduction Committee (IC) is called "IConic". The Introduction Day will be held on Friday the 1st of September. Two senior students from P.S. will be your P.S.-moms or P.S.-dads, guiding you all day in a group with fellow students. They can answer any questions you may have. The Introduction Day will provide you with all the information you need to start your studies well! In the afternoon we will go to a nice café. We will have a drink together and play a pub quiz. Then there is a possibility to have dinner with your P.S.-mom or P.S.-dad and to get ready for the themed party: "Pirates and Princesses". So bring your best outfit! After a week of studying hard during the lecture, it's time for the Introduction Week-



end! We will travel to Bakkeveen on Friday the 8th of September. The rooms will be divided and we will have dinner. After dinner, the First-years Committee organizes a game and after that, we will have a themed party: Safari! We hope you wake up fresh on Saturday morning because there is a very fun outdoor activity on the schedule. In the afternoon all members of the committees will arrive and it is time for the Committee Rounds. We will close the day with a party with the theme: "Kid shows, a trip down memory lane". On Sunday we will travel back to Groningen with hopefully new memories and friends! We hope you will enjoy the Introduction days as much as we will. See you soon!

Lots of love from The Introduction Committee 2023-2024 "IConic"

Manolito Musters
h.t. praeses

Helping Committee



Dear first-year students,

This year we are the Helping Committee (HC) of the Introduction Committee. We will help this Committee during the First-year Introduction Day and the Introduction Weekend. During this weekend you will get to know your fellow first-year students and the study association, so make sure to be there if you can! Our names are Eline Brummelhuis en Joeri Teisman. Eline is following her bachelor's degree, while Joeri is already in his Master's degree. Together with all the P.S.-moms, P.S.-dads and the Introduction Committee, we will guide you through the introduction period to show you the life of a Pharmacy student.

But for now, enjoy your vacation and we look forward to meeting you all in September!

Much love,

The HHC



Buddy program

Dear freshmen,

Since a couple of years our study association has been using a buddy program. So, this will also be available for you in the academic year 2023-2024. This program helps first-year international students at the start of the academic year. As a freshmen you will be linked to an older student who can help you with all your questions about studying Pharmacy and everything that comes with it. Can you use this help and would you like to be linked to a senior student? Send an email to board@psgroningen.nl with your name, age and some information about yourself, for example, your hobbies. We will then check whether we have a suitable senior student who matches you well.

Kind regards,

The board



Introduction Day

Dear first-year students,

The time is almost here! You will almost start your first year as a Pharmacy student in Groningen. We have organized an amazing programme for you on Friday the 1st of September, to get acquainted with the study, your fellow students and the study association.

The Introduction Day will start at 10.00h at the Antonius Deusinglaan 1. This is also the location where you will be most during your studies. During this day, it is possible to become a member of G.F.S.V. "Pharmaciae Sacrum", our study association, if you did not do so before. We strongly recommend signing up early to save money for activities and books. Two senior students from P.S. will be your P.S.-moms or P.S.-dads and guide you all day in a group with fellow first-year students. You will get information from the study advisors and receive information about ordering books. A guided tour around the Faculty will also be given and there is an opportunity to register for the study association G.F.S.V. "Pharmaciae Sacrum". If you have not already done so, there is also the possibility to sign up for the Introduction Camp. During the day the Almanac Committee will also take some pictures for in this year's Almanac.

In the afternoon we will go to a cafe for some drinks and a pub quiz. After this there will be time to eat dinner with your P.S.-moms or P.S.-dads and to get ready for the themed party in the center of Groningen. The theme of the party is "Pirates and Princesses". We hope to see you there dressed up nicely as a pirate, princess, parrot or whatever you can think of!

We hope you are going to enjoy this day as much as we did back in our time!

With lots of love,

The Introduction Committee 2023-2024 "IConic"



Packing list for the Introduction day

Packing list for the Introduction Day

- Student number (S-number)
- Debit card or bank account number
- Money (cash) for drinks afterwards
- A bike is handy, but not necessary
- ID (for alcohol wristbands)
- Medication (if necessary)
- Costume for the themed party “Pirates and Princesses”

Introduction Camp/Packing list



Dear first-year students,

The Introduction Camp will be held after the first week of lectures, on the 8th, 9th and 10th of September in Bakkeveen. This weekend is the perfect opportunity to discover the world of G.F.S.V. "Pharmaciae Sacrum" with your new fellow students and future friends. But you will not only meet each other, as the weekend also serves as an introduction to all the P.S. committee members and lots of other members of the association. Several fun activities will be organised and, of course, themed parties in the evenings that will be difficult to forget! We will leave for Bakkeveen at 16.45h on September 8 by bus. The buses will be ready and waiting at Groningen Centraal Station from 16.30h Do not be late or you will risk missing the weekend! The Introduction Camp will be held at 'The Loryann' farm camp site. The address is: Houtwal 11, in Bakkeveen.

The program for the Introduction Camp is shown below:

Friday 8th of September

16.30h Gathering at Groningen station for departure

16.45h Departure to Bakkeveen

17.00h Dinner

18.30h First-year Committee (FYC) game

22.30h First party: Safari

Saturday 9th of September

8.30h Get up

9.00h Breakfast

10.00h Activity.

16.00h Committee rounds

17.30h Dinner

22.00h Second party: Kid shows, a trip down memory lane

Sunday 10th of September



9.30h Get up
10.00h Breakfast
11.00h Tidy up and cleaning
13.00h First-years Committee (FYC) 2022-2023 election and group photo
14.30h departure back to Groningen

Packing list

- Costume for the themed party "Safari" (animals, rangers, etc!)
- Outfit for second party: "Kid shows, a trip down memory lane" (think about movie - or cartoon characters)
- Old clothes (doesn't matter if it will become dirty) or sport clothes with a plastic bag
- Second set of clothes
- Comfortable (old) shoes
- Money (cash) for drinks at the parties
- ID (for alcohol wristbands)
- Medication (if necessary)
- Sheet & Pillowcase
- Sleeping bag/duvet
- Toiletries
- Pajamas
- Towel for the shower
- flip-flops for the shower
- Plate/cup/cutlery
- Old tea towels and towels
- Flashlight
- Water bottle for water
- Eggs
- A good mood

Enrollment

You can sign up for the Introduction Day and/or Introduction Weekend by going to www.psgroningen.nl. The registration for the introduction activities are separate. So, if you want to participate in both the Introduction Day and Weekend, make sure to sign up for both via the website. The costs for the Introduction Day are around €11 and for the Introduction Weekend are around €46. These costs will be debited from your account by means of an automatic collection.

It is recommended to go to both the Introduction Day and Introduction Weekend. At the Introduction Day essential information will be given for a good start of your study year. The Introduction Weekend will mostly be about the social activities to meet your fellow students and association. If you have any questions (about the registration), send us an email via board@psgroningen.nl.

Kind regards,
The board


Please keep in mind that the planning of the Introduction Weekend may change. Pre-register for the Introduction Weekend (without any obligation) via psgroningen.nl/agenda/calendar to receive the latest update.

Program director



Dear first year pharmacy students,

A heartfelt welcome – hartelijk welkom - at the University of Groningen, as you embark on your first year of the bachelor's program in Pharmacy. This marks the beginning of your path as a student. You have chosen pharmacy which is a dynamic field that is at the intersection between science and the healthcare professions. Your first steps as a student will take you on a journey from molecules to humans. You will learn what medicines look like on a molecular level, how medicines work in humans, what their side effects are, how to make medicines, how patients experience taking medicines and how to make our health care system sustainable for the future. Developing your academic skills like analytical thinking, and communication is also at the heart of our bachelor program. Most of your teachers are researchers at the Groningen Research Institute of Pharmacy (GRIP). GRIP strives to find new and innovative drugs and improves the use of existing drugs with the ambition to contribute to the entire field of the pharmaceutical sciences, from basic areas such as chemical analysis and synthesis to pharmaceutical practice and patient-oriented research. We have integrated this cutting edge research into the pharmacy curriculum. You will learn more about



our research over the next years, and actively do research as part of your bachelor project in the third year of your studies. The journey, which starts for you today, may take you to do a master of pharmacy, leading you to become a community or a hospital pharmacist. You may practice personalized medicine and support patients in getting the most effective and safest medicines making the best use of all the digital tools of the future. But nearly endless other possibilities are also on the horizon. In your future professional life, you may develop a drug to cure dementia or take the decision to allow this drug on the market. During your studies, we want to guide you and inspire you for an exciting professional career in the broad field of pharmacy and beyond. As you embark on this journey as a student, also engage in extracurricular activities, join student organizations and generally enjoy student life in Groningen. Throughout your academic journey you are not alone, there is a supportive network of teachers, mentors, student advisors and fellow students. Embrace this great opportunity to study, stay curious, and let your passion fuel your pursuit of excellence. Welcome again, your journey begins now!

Best wishes,

Katja Taxis

Professor of Pharmacotherapy and Clinical Pharmacy and Programme Director of the Bachelor and Master of Pharmacy, University of Groningen



School of Science and Engineering (FSE)



Welcome to Pharmacy, on behalf of the School of Science and Engineering (SSE).

The SSE is available for students and teachers. Together, we make education possible. We would like to inform you about who we are and how you can reach us.

The SSE is located both in the Bernoulliborg on the Zernike Campus and at the A. Deusinglaan (abbreviated as “ADL”, UMCG-Noord). When you study Pharmacy, you will usually have contact with the Pharmacy team that is located at ADL. Here you will find the academic advisors (Mirjan van Timmeren and Renske Vonk), the programme coordinator (Monique Smith) and the student affairs officer (Ingrid Ubels). Our secretary (Petra Huisman) supports this team and the general student administration is also available for questions.

The Pharmacy team, together with Herman Woerdenbag (Deputy Director of Pharmacy bachelor education, as of September 2023 there will be a new deputy director) and Katja Taxis (Deputy Director of Pharmacy master education), organise the education from timetable to the course evaluations. We are here for the student, from information activities, checking study results to graduation ceremonies and everything in between and beyond. We welcome you to come by for all your questions, please contact pharmacy.sse@rug.nl (for questions about scheduling and enrollments and ceremony dates). The academic advisors know everything about the programme, the scheduling, the department, etc. For ways to plan your study program, study progress, catching up on lectures or exams because of illness, your choice of specializations and electives, please contact the academic advisors (academicadvisor.phar@rug.nl).

We are looking forward to meeting all of you!

Mirjan van Timmeren, Ingrid Ubels, Renske Vonk, Petra Huisman and Katja Taxis



Board of G.F.S.V. “Pharmaciae Sacrum”



Dear freshmen,

You are about to embark on a unique journey that will probably leave a significant mark on the rest of your life. Pharmacy in Groningen is an excellent study to develop yourself. The variety of the study allows you to encounter many possibilities to train your skills and learn about yourself. G.F.S.V. “Pharmaciae Sacrum” provides a suitable climate for you to do this. The part that G.F.S.V. “Pharmaciae Sacrum” will play in your self-development can be completely adjustable to your liking. As a study association we organize a plethora of activities ranging from purely educational to recreational. You are free to join these activities or even organize them. The name has come up a few times already, so our association is called “Pharmaciae Sacrum” and P.S. is the abbreviation. This Latin phrase means “The sacredness of Pharmacy” and has been the name of our association since it was founded in 1881. This year we will celebrate our 142 nd birthday which makes us the oldest study association of Groningen. Our rich history is a source of knowledge that all students of pharmacy or pharmacy-related studies can make use of. Knowledge that is shared through our educational activities is meant to expand upon the material that is taught in the general curriculum of the study. These activities include workshops and symposia. Expanding on that we also sell lab articles that are essential for the practical courses of the coming years. To promote cohesion among our members, we also organize a number of recreational activities. These activities are indis-

pensable to create connections with future colleagues and make friends for life. These activities include parties and social drinks.

During the Faculty Introduction day, on Friday the 1st of September, you will have a sneak peak in the faculty and into the quarters of Pharmacy. This is your chosen moment to get acquainted with our association. We will show our boardroom, known as 'Het Hok', where you can get a coffee and meet with friends during a break or after a practical. You can find us at the boardroom from 9:30 to 17:00 on (almost) every weekday. After the tour we will quench our thirst from the long day in a local bar. Thereafter, you can have dinner at your P.S.-mom's or P.S.-dad's house and get ready for the Introduction Party. After this intensive day you will have a better idea of the study Pharmacy, your fellow students and the city of Groningen. From the 8th until the 10th of September we will have the Introduction Camp. Another great opportunity to familiarize yourself with your fellow students. The Introduction Camp is organized by the Introduction Committee which is one of many committees that are part of our association. The weekend is packed with fun activities and parties, so make sure you are there!

We wish you a fun introductory period and the best of luck with studying Pharmacy. We are very excited to see you at the Faculty Introduction Day, at the Introduction Camp, at other P.S.-activities or at the boardroom throughout the year.

Kind regards,

The 142nd board of G.F.S.V. "Pharmaciae Sacrum",

Fabian Schaub	praeses
Kim Scholten	ab-actis
Martijn Schipper	quaestor
Femke Askamp	assessor I
Roosmarie Hol	assessor II

Board of K.N.P.S.V.



Dearest first-year pharmacy students,

Welcome to student life. Some people might have told you already that this is going to be the best time of your life, and these people are right. Aside from studying, there will be a lot of opportunities to make new friends, to learn more about life, and to have loads of fun! At first this might seem overwhelming. There is so much to choose from that you don't know where to start. Luckily there are introductions like this, so you can get the gist of what you like and what fits you best.

To add to the stream of information, I would like to introduce the K.N.P.S.V. to you. This stands for the "Royal Dutch Pharmaceutical Student Association". This year the board consists of Sam Appel, Daan Geertjes, Floor Eijken, Occo Hemel and myself, Eine Vermeulen, all students from Groningen. We represent the students that study pharmacy, bio-pharmacy and pharmaceutical sciences from Groningen, Leiden, Utrecht and Amsterdam. If you are a member of P.S., you are automatically a member of the K.N.P.S.V. That means we also represent you! So what do we have to offer?

Firstly, the K.N.P.S.V. offers a lot of activities and events. Think of a Professions day and bachelor activity, but also the K.N.P.S.V. weekend filled with social events. Check our website or our social media for more information.

Secondly, we have a lot of committees you might like to join. These committees are the perfect opportunity to get more involved with the K.N.P.S.V. and to get to know students from all over the Netherlands. Depending on the committee you can organize professional or social events, or put together a magazine for all K.N.P.S.V. members to read. If you want more information about this, feel free to send an email or to tap us on the shoulder. We would love to explain more.

Thirdly, we offer day-internships in pharmacies, hospitals and the industry. This way you get to taste all the different flavors of the pharmacy-related workspace in a casual way. Also, we offer longer internships abroad. Our commissioner of foreign affairs loves to tell you more about these, so don't hesitate to ask her about it.

Lastly, to make things more confusing, there are also international pharmacy associations. The associations are called EPSA (European Pharmaceutical Student Association) and IPSF (International Pharmacy Students Federation). The K.N.P.S.V. represent the Netherlands in these associations. As a pharmacy student and member of the K.N.P.S.V., you are welcome to join all the fun events they offer. These events will result in international contacts and you are assured a good time. As the K.N.P.S.V. we are the link between the international organizations and you, so keep an eye on our social media if you are interested!

That being said, we will be at some P.S. events as well, where you can recognize us by our red shirts. We are always happy to talk or have a drink with you. Don't be afraid to come say hi, because you are always more than welcome to do so!

We look forward to meeting you!

On behalf of the 121st board of the K.N.P.S.V.,

Eline Vermeulen

h.t. president

Almanac Committee



Dear first-year students,

As the Almanac Committee of G.F.S.V. 'Pharmaciae Sacrum', we will make the 38th almanac: the yearbook of our association. In this yearbook, you can find two annual reports, all committees of P.S, as well as fellowships, houses, base units and an overview of all students. Every year, the almanac has a theme, which will be revealed together with the theme of the Dies, at the AlDi party in December. At this party, you can also get your almanac signed by our committee and your friends. Twan is the praeses of our committee, he makes sure we all do our tasks. Maaïke, the ab-actis of our committee, is our resident coffee- and gin fanatic and takes notes of every committee meeting. Ruurd is the quaestor of our committee, in charge of getting and spending the money. He likes sailing and playing guitar. Our assessor I is Eline, who looks small and dainty but will absolutely destroy you in a game of 30'en. Wessel is our lucky assessor II, because his roommate just adopted a kitten. Although he won't talk about it, he got defeated by Maaïke in a FiFa game once. Carmen is our assessor III. Her favorite animal is a bunny, and she also reminds us of one, because she is very cute, although she might bite when provoked. We hope to see you all in December!

With lots of love,
The Almanac Committee 2023-2024

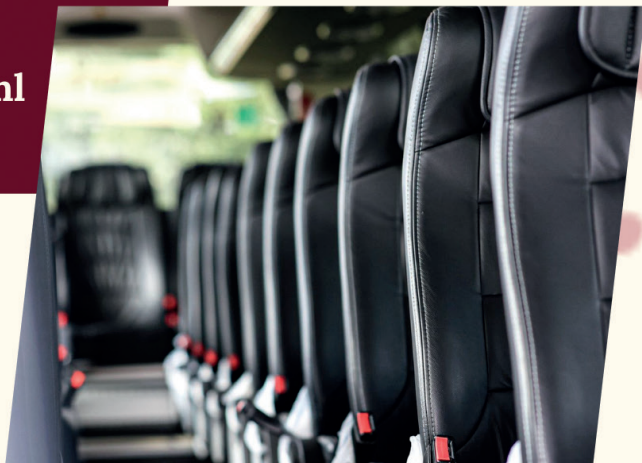
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Philanthropy Committee



Hi!

We are the Philanthropy Committee. Currently, we consist of Martijn, Lina, Anneli, Roosmarie and Collin, but because the Philanthropy Committee is an October committee, we are looking for new people who will soon form the new committee. “What does the Philanthropy Committee do?” I hear you ask. The committee raises money for a local charity of your choice by organizing at least three activities. The activities that you organize are really up to you. There is a lot of freedom when choosing the activities, because the Philanthropy Committee is a very new committee. We chose, for example, to organize drinks at the boardroom for Christmas, to collect empty beer crates and hand them in at the supermarket and to deliver roses to people’s doors on Valentines’ Day. We have one final activity coming up in October, which will be an auction at Villa Volonté, so feel free to come along. In short, the Philanthropy Committee is an amazing committee to take part in, because the workload is not that large and you have a lot of free time for fun. Furthermore, you have a lot of freedom to organize the activities you want and you even help raise money for a local charity! So make sure to sign up!!

Much love,

Philanthropy Committee ’22-’23 “DOELgericht”



Dear first-year students,

We hope you will all enjoy the introduction period and get acquainted with our study association. We are the committee of pharmaceutical Sciences "Sur Sum Scutra" abbreviated as the SSS, or also known as the best committee ever. The committee consists of Samira Lier who is our praeses, Carlijn Boerebach our ab-actis, Loes van Cappelle, our quaestor, Benjamin Boons the assessor I and last but not least, Daan Malingré our assessor II. As a committee we organize three symposia related to relevant events and/or pharmacy, and the Dutch Company Visit (BBB). During the Dutch Company Visit (BBB) we visit three pharmaceutical companies throughout the Netherlands. The BBB lasts two days and we spend the night in the city where we also organize a social activity. Furthermore, like all other committees, we eat together every Monday and then have a meeting. On these Mondays we usually also have a drink and the evening is often finished in 't Vaatje.

In October our year as a committee sadly ends, but this is an opportunity for you to join the fabulous SSS committee next academic year!

SSS is mooi!!

With kind regards,
The SSS

WE HEBBEN JE NODIG!

We hebben je nodig als kandidaat-lid van de KNMP. Alleen met brede steun van (aankomend) apothekers kunnen we effectief je belangen behartigen. Dát is wat we doen. Zorgen dat je hoogwaardige farmaceutische patiëntenzorg kunt leveren. Nu en in de toekomst.

DE VOORDELEN VAN HET KNMP-KANDIDAATLIDMAATSCHAP 2023:

- Het Pharmaceutisch Weekblad, vakblad voor apothekers en toegang tot alle informatie op www.pw.nl.
- Gratis éénmalig het Informatorium Medicamentorum (2022) tijdens de studie.
- Gratis éénmalig het FNA tijdens de studie.
- Geheel vernieuwde Standaarden voor Zelfzorg (2021) voor de ledenprijs van € 51,25 (inclusief btw).
- Toegang tot alle informatie op www.knmp.nl, waaronder de KNMP leden- en apothekenlijst.
- Toegang tot het KNMP Voorjaars- en Najaarscongres voor slechts € 31,- per congres (inclusief btw).

WORD LID!

Kandidaatlidmaatschap van de KNMP kost € 44,- per jaar (inclusief btw).

MELD JE AAN VIA: WWW.KNMP.NL/KNMP/LIDMAATSCHAP

**€ 44,- AN OFFER
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KNMP

APOTHEKERSORGANISATIE

Dies Committee



Dear first-year Pharmacy students,

We are the Dies Committee of Pharmaciae Sacrum and would like to tell you a bit more about what we do. We organize THE celebration week of our study association! On the 12th of December our association will mark its 142th anniversary. On this special day we will reveal our theme. To celebrate the birthday of the association, a whole week of fun activities is planned in February. This week starts off with an opening party. The following day a very interesting symposium is held about our theme. The rest of the week there will be sport and cultural activities and we will end the week with a beautiful dinner and gala. We hope to see you all in February to celebrate this together!

Much love,

The Dies Committee 2023-2024



Editorial Committee



Dear first-year students,

The Editorial Committee publishes the Foliolum four times a year. This magazine has a different pharmacy-related theme each edition and consists of scientific articles, photos of the fun activities of P.S. and puzzles. You can get this Foliolum both physically and digitally. You will receive the first Foliolum in a printed version. After the first version, you can indicate on the P.S. website whether you want to receive it in an online version or in a printed version. We put together this foliolum with six enthusiastic girls. Besides meeting and designing, we eat and consume wine every Monday evening. Our committee consists of Aniek, Puck, Dominique, Fleur, Guusje and Lieke. Our praeses is Aniek. She is responsible for keeping us on the right track and communicating with others. Then her right hand and our quaestor is Puck, who governs our money and is our inDesign teacher. Our ab-actis is Dominique. Dominique is the one who records the really important stuff that are discussed during the Monday evenings. Our assessors are Fleur, Guusje and Lieke. They have a less serious task, but not less important in our committee. Their task is to organize the most important weekend within this study year, our committee weekend. You can only register in March to do this committee. Nevertheless, we are looking forward to meeting you during the EIK.

Lots of love,

The Editorial Committee

Camping Committee



Dear first-year students,

As the Camping Committee we organize the end-of-the school year camp (the JAK). This is a camp held in June to celebrate the end of the school year with all your study friends. It is to make more memories with your friends, but also to get to know fellow Pharmacy students.

The committee consists of five members from different cohorts. During the EIK the two newest members are chosen from the first-year students. The committee lasts from October till the summer. As a committee we meet up on Monday evenings to eat together and to organize the camp. After that, there is time for drinks in 'Het Vaatje' where the other committees are also present

During the weekend an outdoor activity is organized and many other activities. And in the evening there will be theme parties for whom everyone dresses to impress.

Much love,

The Camping Committee

Wij zijn er voor jou als student



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- ✓ Maak gebruik van voordelige verzekeringen en diensten
- ✓ We helpen je met een mooi begin van je coschappen en stages



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First-year Committee



Dear first-year students,

The First-year Committee is a committee that enthusiastically organizes activities and parties for the entire association. The committee consists of first-year students. Because we only have students from the first year, we quickly developed a good relationship with each other and we were able to help each other with regard to the study.

So the First-year Committee must organize activities or parties. The parties always have a fun theme, so everyone looks their best! At the last party we organized, the theme was “wear the first letter of your name, with no shame”. So everyone was nicely dressed up as something that started with the first letter of their name. As an activity we have organized a bingo. Many great prizes could be won so everyone participated fanatically in the game. In October we have another party planned, so be sure to go there with your friends!

Our committee consists of six members. The praeses of our committee is Joris Bosman. The ab-actis of the committee is Isa Brouwer, the quaestor is Mees van Brenk and assessor I is Isabel Kuijpers, assessor II is Wessel Smeenge, assessor III is Fenna Aaij.

We really enjoy organizing the parties and activities for the association! We hope to see you there!

Lots of love,
The First-year Committee

Foreign trip Committee



Dear first-year pharmacy students,

We are the BEC committee and we organize the yearly foreign trip of our beautiful association. We call ourselves Back2BEC, and we organize the best activity of the whole year! During the foreign trip we visit the local university, this is a very nice opportunity to see what it is like to study abroad. Next to that, we visit big pharmaceutical companies to learn about working in the pharmaceutical field. However, we also do a lot of fun activities during the trip like sports activities, visit cultural hotspots and have a lot of parties! The trip itself will be in April of next year and the destination will be spectacularly revealed at the Social Drink in February. On the trip, students of all study years can participate, which is very nice because you can also meet other students from different years. We are looking forward to meeting you and hope to see you all in 't Vaatje!

Lots of love,
BEC Committee '23/'24 Back2BEC

Photocrew



Dear first-year students,

We are the Photocrew and as our name may suggest we take pictures. We are responsible for taking pictures at all the parties, Social Drinks and other events of G.F.S.V “Pharmaciae Sacrum”. Even at symposia we make sure that every moment is captured. The photos are made with the camera of the association and posted on the site the day after the event, so that everyone can enjoy the pictures, even if you don’t remember when they were taken ;). We consist of seven members of multiple study cohorts. Let’s introduce ourselves. We are Femke, Jorik, Joris, Kaziwa, Lotte, Occo and Sarah. Two of us are first-year students. Besides taking pictures we meet every monday to eat together and drink some beers. After this we go to t’ Vaatje where we have a nice time with the other committees. We also go together to other events and parties of the association.

We hope to see you around at the events of PS!
xxx The Photocrew



Social Media Committee



Hello dear future pharmacy students!

We are the Social Media Committee, and our job is to take care of the socials and make sure everyone knows about all the fun activities that take place within Pharmaciae Sacrum. Our preases is Rick van der Leij, who is like the funny uncle at a birthday party and enjoys theatre. Lisanne Boer is the ab-actis, who provides us with the best meals since she loves to cook. Our queastor is Lisanne Carton, you might meet her in the lab as your teaching assistant next year! The assessor I is Linn Sproncken, who loves Eurovision and hosts great viewing parties for it. Rob Wisman is our assessor II, he provides us with cookies and great survival skills since he is a boy scout! Each week on Monday we meet up to eat and discuss the socials together. We start our dinner/meeting by catching up, discussing our ups and downs of the week. Then we proceed to discuss the posters that were posted that week and which poster we have to make for the following week! Then we go and make the posters, using photoshop. After that we play some fun games and drink a lot of beer! We hope to see you around sometime on campus next year!

Lots of love,

The Social Media Committee

Student Council Pharmacy



Dear first-year students,

Once upon a time in Studyville, the SCP (Student Council Pharmacy) Committee consisted of Desanka, Lisanne, Rob, and Sanne, each with their own unique characteristics. Desanka was as tall as a giraffe and enjoyed observing the world from above, watching cats from trees. Lisanne had the unpredictable nature of a newborn sheep, sometimes calm and other times bursting with energy, sometimes lam. Rob was carefree like a fish swimming among his ladies. Sanne was as smooth as an eel, always escaping capture. Together, they formed an extraordinary team, ready to help students with their study-related troubles. Whether Desanka was spotting errors from her “giraffe vision,” Lisanne providing sheep-like serenity during meetings, Rob charming everyone while navigating academic waters, or Sanne offering innovative study improvements, they brought joy and laughter to every interaction. The SCP Committee proved that with humor, and a touch of bakjes trekken, even the most dreaded tasks could be fun. And so, their legend lives on, reminding us that a giraffe, a sheep, a fish, and an eel can conquer the world of the pharmacy council in their own hilarious way.

Much love,

The SCP



Sports Committee



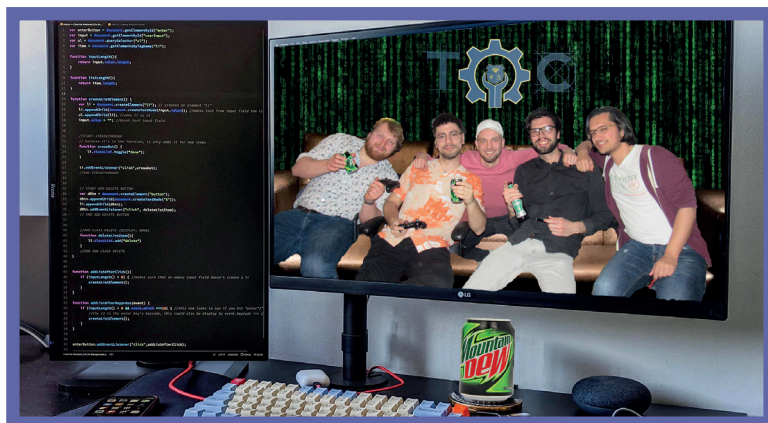
Dear first-year students,

Every year in October the best committees are formed. The Sports Committee is one of them. Every Monday the Spoco (Sports Committee) comes and eats together and go for some drinks. There are 3 activities the Sports Committee has to organise. A Sports Activity, a running competition and the all famous RWPT (the bicycle performance tour). The Sports Activity is a small afternoon Sports activity where people learn a new sport. The running competition we provide trainings for. The RWPT is the biggest activity for our committee. On this day we go for a bicycle tour of around 35 km in Groningen and we end the day with an activity and dinner. A little later and the spoco is relieved of its duty. After this, drinks flow freely with the friends you made in this committee and all the committees come together in 't Vaatje in the city.

Kind regards,

The Sports Committee

Technical Committee



Dear first-year students,

The Technical Committee (TC) is the backbone of P.S., attending to a multitude of technical matters with unmatched expertise. From troubleshooting printer glitches to tackling intricate problems that transcend the use of Google, the TC possesses a wealth of knowledge and know-how in all technical matters. Although seldom summoned, their indispensability remains unwavering. Primarily responsible for assisting the board, they offer invaluable advice and rapid solutions whenever inevitable breakdowns occur. Beyond their troubleshooting prowess, the TC also curates the highly anticipated annual Game Night. This event showcases their dedication to fostering camaraderie and amusement. Whether you prefer battling your friends in Mario Kart, engaging in intense board game showdowns, or discovering newfound bonds, game night serves as the ultimate platform. It is an opportunity to revel in friendly competition, where victories are celebrated and defeats met with laughter. The TC's multifaceted role extends far beyond technical support. Their unwavering commitment and knack for problem-solving make them the unsung heroes of P.S., ensuring smooth operations and fostering a sense of community. We hope to see you all at the many great activities of P.S.

Kind regards,
TC



Board of Villa Volonté



Dear reader,

When you will be starting with your new study this coming year, there will be something great awaiting you. A place full of people enjoying some nice beers, doing the worst dance moves or chanting perfect notes all along altogether while having the best and most funny conversations. This is a moment of relaxation, a preparation for a good night out or any other reason. Everything you will find in Villa Volonté. Already forty years we run this bar with and for students of Medicine, Human Movement Sciences, Pharmacy, Dentistry and Dental Hygiene. Everyone being together with the same goal: making nice memories. Some of you may already know this place and others should become familiar with it. It is full of nostalgia and simply feels like a second home. It is for old and young, known or unknown, it does not matter as long as we enjoy ourselves. I hope to see you all soon for that perfect relaxation anytime at Schuitendiep!

On behalf of all members,

Camiel Teisman

h.t. der Voorzitter der Stichting Sociëteit Volonté