



G.E.S.V.

PHARMACIAE SACRUM

SINDS 1881

INCIPIAS

Introduction booklet Pharmacy
2021-2022

Verzekeringspakket voor studenten

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*Disclaimer: Some of the photos in this booklet are from a time period before the COVID-19 measures. This is why the content of some photos does not correspond to the current measures.

Dear first-year students,

Welcome to Pharmacy everyone! For some of you this may be your first choice, for others their second one. At least one thing is for sure, you will not regret choosing Pharmacy. During your time here in Groningen you will get the opportunity to get to know a lot of new people and associations. With a group of six individuals we form the Introduction Committee. It is our job to introduce you to the greatest association of all, G.F.S.V. "Pharmaciae Sacrum" (P.S.). Our committee consists of Aniek, Lotte, Samira, Sylvan, Janna and Rutger. The name of our Introduction Committee (IC) is called "InCipias", which means "begin" in Latin. We are all looking forward to meeting you!

Together we will start off the Introduction Day on Friday the third of September. Here, you will get to know the faculty of Pharmacy and meet some of your fellow students. This year we hope to organise the day in a physical manner. On the faculty, you will be escorted by two senior students from P.S. who will guide you through the afternoon. They will be available for any questions that you may have. We are sure that this Introduction Day will provide you with all the information you need!

After the first week of lectures, the Introduction Weekend will take place. Normally a camp is organized from Friday till Sunday. Due to the corona situation, this camp will not take place. Instead, we will organise two days of activities on Saturday the 11th and Sunday the 12th of September. On Saturday we will give you a guided city walk through Groningen. During this day you will also meet the committees of P.S. Some of these committees are looking for new first year students to join them. They usually consist of five or six people who will organise an activity in the upcoming year. From our experience, joining a committee is one of the best ways to get to know new students and places. We hope to end the Saturday with a barbecue somewhere in Groningen with all Pharmacy students who participated that day. The next day you will get the opportunity to go bowling with your introduction group with a drink afterwards.

We hope you will enjoy the introduction days as much as we will. See you soon!

Lots of love from Introduction Committee 2021-2022 "InCipias"
h.t. praeses Rutger Schipper



Introduction Committee 2021

Dear first-year students,

This year we are the Helping Committee of the Introduction Committee. We help the Introduction Committee with the First-year Introduction Day and Introduction Weekend. During this weekend you will get to know the first-year students better and you will also get to know the study association! So make sure you are here anyway!

Our names are Maud Hulsbeek and Jens Lammers and we are both third-year Bachelor students. Together with the Introduction Committee and the rest of the Helping Committee, we will teach you everything about the life of a Pharmacy student. Hopefully, with this extra long corona vacation you have been able to rest a bit before you try to survive the first few weeks of your studies as a student.

We hope you have some nice and hopefully non-digital first weeks of your studies.

See you soon!

HC Hupsakee

Maud and Jens



MENTORNETWERK APOTHEKER GENEESMIDDEL & MAATSCHAPPIJ

VOOR STUDENTEN EN JONGE APOTHEKERS

Via het Mentornetwerk Apotheker Geneesmiddel & Maatschappij (AGM) kunnen studenten en jonge apothekers bij meer ervaren beroepsgenoten terecht voor inspiratie, advies of een stage. Zo zien zij welke loopbaanmogelijkheden er zijn buiten de openbare of ziekenhuisfarmacie.

Het Mentornetwerk AGM op knmp.nl biedt profielen van tientallen apothekers die onder anderen werkzaam zijn bij Lareb, CBG, RIVM en de KNMP. Ze zijn via e-mail of telefoon benaderbaar en kunnen in een gesprek de jonge collega terzijde staan. Soms volstaat een enkel e-mailcontact of een gesprek, maar een korte stage behoort ook tot de mogelijkheden. Via hun profiel ontsluiten de apothekers onder meer hun functies, competenties, werk- en woonomgeving. Het mentornetwerk is toegankelijk voor (kandidaat)leden van de KNMP.

knmp.nl/mentornetwerk

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GA NAAR: KNMP.NL/LID



KNMP

APOTHEKERSORGANISATIE

Introduction Day

Dear first-year students,

We have organised a fully physical introduction day at the faculty for you on Friday the 3rd of September, to get acquainted with the study, your fellow students and the study association. The introduction day will start at 13.00 at the Antonius Deusinglaan 1. This is the same location and faculty where you will get most of your lectures, tutorials and practicals. During this day, it is possible to become a member of G.F.S.V. "Pharmaciae Sacrum" if you did not do so before. We strongly recommend signing up early to save money for activities and books. Depending on the COVID measures, a tour will be held either physically or partially online. One thing is for sure, you will get to meet a group of fellow students as well as two senior year students in person. These two senior students (P.S. mums and dads) will guide you through the day. During the day there will be plenty of time to ask questions related to the study, association and faculty.

The tour at the faculty will end at 17.00h. Afterwards, there may be time to have a drink and bite with your group somewhere in Groningen. This also will depend on the COVID restrictions present at the time.

We hope you are going to enjoy this day as much as we did back in our time!

With lots of love,
The Introduction Committee "InCipias"

Introduction Weekend/Packing list

This year the Introduction Weekend will take place on Saturday the 11th and Sunday the 12th of September in Groningen. This weekend will be a great moment for you to meet your fellow students (and possibly new friends) and find out everything there is to know about G.F.S.V. “Pharmaciae Sacrum” (P.S.).

On Saturday we will organise a tour through Groningen. During this tour you will be guided by two P.S. mums and dads who will show you everything you need to know about Groningen. We will make sure the route of this tour guides you through P.S. committees that are stationed at different places. These committees will briefly explain their purpose within P.S. and will organise short activities with you to get acquainted. Some of these committees will even look for new members to join them. We strongly urge you to participate in one of them, it being the perfect way to get to know the association and Groningen. After these tours, a barbecue will take place closeby the city for all introduction groups.

On Sunday, three different activities will be held in and around Groningen. Depending on your group you will either go bowling, do activities in the “Stadspark” or participate in an event organised by the First-years Committee (EJC). The groups of both days remain the same.

Saturday the 11th of September

11.00 Gather at your designated location (varies for every group!)

11.15 Start the tour through Groningen

13.00 Lunch break (lunch included)

16.30 Head off to Stadslab (Suikerlaan 15)

17.00 Barbecue with all groups

20.00 Ending of the program

Sunday the 12th of September

Group A

13.30-14.00 Gather at Bowling Center Groningen (Gedempte Kattendiep 4)

14.00-15.00 Bowling activity

15.00-15.30 Walk to Stadspark

15.30-16.15 Activity 1

16.15-17.00 EJC activity

Group B:

14.30-15.00 Gather at Bowling Center Groningen (Gedempte Kattendiep 4)

15.00-16.00 Bowling activity

16.00-16.30 Walk to Stadspark

16.30-17.15 Activity 1

17.15-18.00 EJC activity

Group C:

13.30-14.00 Gather at Ni Hao in Stadspark

14.00-14.45 Activity 1

14.45-15.30 EJC activity

15.30-16.00 Walk to bowling center at Gedempte Kattendiep 4

16.00-17.00 Bowling

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Packing list Introduction Weekend

- Money (cash) for drinks afterwards
- A bike is handy, but not necessary
- ID (for alcohol wristbands)
- Medication (if necessary)

Without prejudice, look at the site (www.psgroningen.nl) for the most accurate information

Enrollment

You can sign up for the Introduction Day and/or Introduction weekend by going to www.psg groningen.nl. The registration for the introduction activities are separate. So if you want to participate in the day and weekend, make sure to sign up for both! You can sign up for both activities via the website. There are no costs for the Introduction Day (drinks afterwards not included). The costs for the introduction weekend are €25,-.

These costs will be debited from your account by means of an automatic collection. It is recommended to go to both the Introduction Day and the Introduction Camp. At the introduction Day essential information will be given for a good start of your study year. The weekend will mostly be about the social activities to meet your fellow students and association.

If you have any questions (about the registrations), e-mail us via board@psg groningen.nl.

Kind regards,

The board

Please keep in mind that the planning of the Introduction Weekend may change. Preregister for the Introduction Weekend (without any obligation) via psg groningen.nl/agenda/calendar to receive the latest updates.

Buddy Program

Dear freshmen,

Since a couple of years our study association has been using a buddy program. So, this will also be available for you in the academic year 2021-2022. This program helps first-year international students at the start of the academic year. As a freshman you will be linked to an older student who can help you with all your questions about studying Pharmacy and everything that comes with it.

Can you use this help and would you like to be linked to a senior student? Send an email to board@psgroningen.nl with your name, age and some information about yourself, for example your hobbies. We will then check whether we have a suitable senior student who matches you well.

Kind regards,

The board

Dear freshman,

May I ask you a question? What is the reason that you enrolled for the study Pharmacy? I bet you like biology and chemistry and have an above average interest in healthcare. You will be curious about how medicines are made, how they work and how safe they are. Is that correct? Then you are in the right place now!

You are at the start of joining our Pharmacy bachelor programme which perfectly prepares you to continue your studies with the Dutch language Farmacie master or the international Medical Pharmaceutical Sciences master.

Research and teaching are intertwined in our curricula, offering you a perfect environment for academic training and shaping. We educate both pharmacists and pharmaceutical scientists who will be employed either as healthcare providers in community or hospital pharmacy or as researchers in academia or in the pharmaceutical industry. But there are more attractive career opportunities after your graduation. Job security for our graduates is very good.

In the first year of the bachelor programme you will follow courses that create a solid scientific basis for further extension into the pharmaceutical direction. Also, you will digest information from different branches of the pharmaceutical domain, as the propaedeutic year helps you to orientate on the sequel of your studies as well as on professional opportunities. In year two you have to choose for either the major Pharmacy or the major Medical Pharmaceutical Sciences, depending on your personal interest and future plans. A choice of elective courses allows you to personalize your study programme to some extent; you are responsible for your own study programme. Finally, you will join international learning communities, exchange knowledge and experience with your colleague students and with our dedicated teaching staff.

Starting a study at university may feel like entering a new world. But this world has rigorously changed. The COVID-19 pandemic pushed academic teaching towards mainly online in the past academic year. Practical courses were still offered, but in a slimmed form and with social distancing. This adaptation was necessary, but created a situation far from ideal for both students and teachers. I cordially hope that in academic year 2021-2022 we can gradually return to on-site teaching, while keeping the positive aspects of online education.

Anyhow, there will be a lot of changes for you: a new environment, new people, a different way of teaching and learning. You will get used to it quickly, but in case of problems our staff is there to help and to advise. Do not hesitate to ask support if you feel you may need it.

Last but not least, I strongly recommend you to join Pharmaciae Sacrum, the pharmacy students association in Groningen. Pharmaciae Sacrum organises social events that are important to promote contact with your fellow students (also online) and offers activities that support our teaching programmes.

I warmly welcome you to the University of Groningen and hope you will feel comfortable and at home with us!

Kind regards,
Herman Woerdenbag



Welcome to Pharmacy, on behalf of the School of Science and Engineering (SSE).

The SSE is available for students and teachers. Together, we make education possible. We would like to inform you about who we are and how you can reach us.

The SSE is located both in the Bernoulliborg on the Zernike Campus and at the A. Deusinglaan (abbreviated as “ADL”, UMCG-Noord). When you study Pharmacy, you will usually have contact with the SSE team that is located at ADL. Here you will find the academic advisors (Mirjan van Timmeren and Renske Vonk), the educational programme coordinator (Lidia Westers) and the student administration (Margriet Hulshof). Our secretary (Ingrid Ubels) supports this team.

The SSE, together with Herman Woerdenbag (Deputy Director of Pharmacy bachelor education) and Practicumbeheer Farmacie, organise the education from timetable to the course evaluations. Of course, the SSE - location ADL is also there for the student, from information activities, checking study results to graduation ceremonies and everything in between and beyond. We welcome you to come by for all your questions.

The academic advisors know everything about the programme, the scheduling, the department, etc. For ways to plan your study program, study progress, catching up on lectures or exams because of illness, your choice of specializations and electives, please contact the department’s academic advisor. We are looking forward to meeting all of you!



Dear freshmen,

A new chapter in your life is about to start. You are going to study Pharmacy in the beautiful city of Groningen. A very good choice! Your life as a student offers numerous opportunities to develop yourself in various ways. And hopefully, this will be accompanied with a lot of fun. We, as a study association, hope to play a part in these moments, and to create some wonderful memories together.

G.F.S.V. “Pharmaciae Sacrum”, commonly known and abbreviated as P.S., is the name of our study association. Our members are students from Pharmacy or Pharmacy-related studies. Translated from Latin, our name means ‘the sacred of Pharmacy’. P.S. is a study association with a lot of history, we are founded in 1881, which means we are the oldest study association of Groningen! In the coming year, we will hope to celebrate the 140th birthday of our association with a spectacular Lustrum, a period of celebrations which will be held only once every 5 years.

P.S. provides lots of things as a study association, on various levels. First, we organise a lot of educational activities, which support and expand the things you learn during the general curriculum of your study. It is also possible to order lab articles from us, that are necessary for the practical courses you will follow in the coming years. Besides this, we also organise numerous social activities. At, for example, social drinks and parties, you are able to make new friends with students of your own year, but also with students who have been a member of P.S. for a few years!

At the Faculty Introduction Day, on Friday the 3rd of September, you will be given a tour of our faculty and will get to know more about the study Pharmacy. On this day, you will also be acquainted with our study association. We will show you our board room (commonly called ‘Het Hok’), where the doors are always open to get a free cup of coffee, to have lunch, to play a game and to ask questions to the board. When the faculty opens again, you can find us at the boardroom from 9.30h to 17.00h on (almost) every weekday.

Given the circumstances around the corona virus, the traditional First-Year Introduction Camp in the weekend from the 11th to the 12th of September, will be replaced by alternative activities in our beautiful city during the same weekend. Nonetheless, this weekend will be one you don’t want to miss. It is the ideal opportunity to get to know your fellow students better. Probably, you will be making friends with whom you will be enjoying your life as a student for the coming years!

We wish you a fun introductory period and best of luck with the study Pharmacy. We are very excited to see and welcome you at the Faculty Introduction Day, at the First Year Introduction Weekend, at other P.S.-activities and/or at the boardroom throughout the year.

Regards,

The 140th board of G.F.S.V. "Pharmaciae Sacrum"

Sybrand Zielhuis	praeses
Annabel van den Bosch	ab-actis
Anieke Hofhuis	quaestor
Wies van Bakel	assessor I
Twan Schrijver	assessor II

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Dear first-year pharmacy students,

You're about to start a new chapter of your life, the student phase! During these introduction days, you will get to know your fellow Pharmacy students in Groningen, the study association "Pharmaciae Sacrum" and the K.N.P.S.V.

The K.N.P.S.V. is the Royal Dutch Pharmaceutical Student Association, we represent all the (bio-)pharmacy students in The Netherlands. The K.N.P.S.V. consists of four departments: G.F.S.V. "Pharmaciae Sacrum" from Groningen, L.P.S.V. „Aesculapius" from Leiden, U.P.S.V. "Unitas Pharmaceuticorum" from Utrecht and The Association for Chemistry Students at the Open University of Amsterdam (VCSVU). The K.N.P.S.V. brings the (bio-)pharmacy students together by organizing various activities. These activities are organized by committees consisting of members from the different departments. The annual congress is one of the biggest activities of the K.N.P.S.V. with various social and educational activities.

As the K.N.P.S.V., we have unique international connections, which you can use to your advantage. We are part of the European Pharmaceutical Students' Association (EPSA) and the International Pharmaceutical Students' Federation (IPSF), who organize some huge events. EPSA organizes a congress twice a year in different European countries and IPSF organizes an international congress. Via IPSF, members of K.N.P.S.V. have the possibility to take on an internship abroad with the Student Exchange Program (SEP). So, if you want to broaden your horizon, we are here for you!

The K.N.P.S.V. board consists of students who study at the same university. This year, the members from the K.N.P.S.V. board all study in Leiden. As board members, we have the opportunity to join the activities from all the different cities. Together with my fellow board members: Nicky, Thijs, Franka and Jason, I will be present at several P.S. activities and we hope to see and meet you there too. You can recognize us by our red polo's and yellow sweaters.

On behalf of the 119th board of the K.N.P.S.V.

Priscilla Tan
h.t. president

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Hi reader,

Welcome to the study Pharmacy! It is going to be your first year of Pharmacy, and we all remember all too well how that felt for us. All of us have decided to join the study association G.F.S.V. "Pharmaciae Sacrum" (P.S.) in our first year, and it really was a good choice.

First, let us introduce our committee. We are the 36th Almanac Committee, and we will create a beautiful almanac for you. The almanac is the yearbook of our study association. Our committee consists of six people: Noah, Bin, Niek, Floris, Lara and Jildou. Every Monday evening we come together to have dinner and to hold a meeting. After the meeting, we make sure to have a fun evening with snacks, drinks and lots of chatting.

Hopefully, we will see you at the Faculty Introduction Day, and the Introduction Weekend. During the Introduction Day, we will be taking portrait pictures of you to place in our almanac. The almanac will be revealed in December with the "AlLus"- party. Please come to this amazing party, and when you do, we will be signing your almanac with a personal signature so it will be worth it ;).

If you are still doubting whether you should join one of the many committees that P.S. has, we all recommend you to do it, since it is very educative and, most importantly, fun.

Lots of love,

The 36th Almanac Committee



Introduction Committee 2021-2022

Dear first-years,

In a little while, you will start the best time of your life! During your student years, you will meet new people, attend lots of parties and of course, you will also have to study. As Books Office, we can help you with obtaining credits (ECTS)! Books Office is part of G.F.S.V. "Pharmaciae Sacrum" (P.S.), where you can buy books for a cheaper price. Via the website of P.S., www.psgroningen.nl, you can order the books that you will need for the courses during your first year. The ordered books can be delivered to your home or the boardroom (hok) If you deliver your books at the P.S.-hok, you can pick them up there. You are all welcome at the P.S.-hok for a cup of coffee or tea and a nice chat if the measures concerning COVID-19 allow it!

As Books Office, we offer much more than bookselling only. You can also purchase various lab items and a lab coat which you will need for the lab courses during the year. Besides, we also sell very nice P.S.-gadgets such as the P.S.-pin, P.S.-tie, P.S.-socks, P.S.-longsleeve and P.S.-webcamcover.

If you have any questions, you are always welcome at the P.S.-hok when this is possible again or you can send an email to: board@psgroningen.nl. We, as Books Office, wish you lots of fun and good luck for the upcoming year. We hope to see you all soon!

Greetings,

The Books Office

Wies van Bakel and Twan Schrijver



Introduction Committee 2021-2022

Dear first-years,

While everything is different this year, the LOS committee is still very excited to organize several activities this year. A very important part of our committee is sports and therefore we will introduce ourselves together with the sports we play. Our praeses Marlyn played handball for 12 years (!) and still sports a lot in the gym. Next, our ab-actis Mirthe, who plays soccer for 10 years and likes to do workouts. Our sporty quaestor Lotte played hockey and in times of Corona she started with running every week. Our both assessors are even more sportive and were very enthusiastic during the introduction days. The assessor 1 Leon plays basketball at a very high level. Our assessor 2 Kick plays soccer as long as he can remember and because he is always drinking beer in the canteen after the game so the assessor 2 function really belongs to him.

After all the intense sport activities, the empty stomachs need to be filled again. Therefore, there will be time to relax with food and drinks. Next to the sport activity, we also organize an activity to raise money for a charity and in the spring we will organize the oldest bicycle tour of Groningen, the RWPT.

Lots of sporty love,

Löp wah LOS



Dear reader,

Welcome to the study of Pharmacy! Hopefully, the Faculty Introduction Day and the Introduction Weekend will be a nice start of your student life and will help you to get to know many other students.

We would like to explain to you what it is like to do a committee from the study association G.F.S.V. “Pharmaciae Sacrum” and what our committee organizes. Well, first of all, the name of our committee is the Committee of Pharmaceutical Sciences, also known as “Sur Sum Scutra” (SSS). The committee consists of five Pharmacy students, and together we organise two symposia and a national company visit. Every Monday evening, we have dinner together and have a meeting in which we discuss the things that we need to do. Afterwards, we make sure to have a fun evening with lots of chatting, drinks and games. Hopefully, it will be possible to go to Café ‘t Vaatje again. There you can meet the people from the other committees which is always very nice.

This committee starts in October, and two first-year students can join! So, if you would like to do a committee from P.S., we definitely recommend you to do this committee! At the weekend, three senior-year members will be present and they will pick two first-years to join them in the committee.

We wish you a lot of fun with the start of your study and with the activities!

Lots of love,

The Committee of Pharmaceutical Sciences “Sur Sum Scutra” 2020-2021



Dear first-years,

We would like to introduce ourselves as the Editorial Committee of 2021-2022. We will make four editions of the Foliolum this year. The Foliolum is the magazine of our study association which will also fall on your doormats.

In order to get to know us a bit we will introduce each member shortly:

Starting with our amazing praeses Sharon. She has to make sure that all other committee members do their jobs and this motley crew stays organized. Wietske is our ab-actis a.k.a. 'typmiep'. She can't wait to go to 't Vaatje again and have drinks with everyone on Monday night! Our quaestor is Jens. He's a big spender so let's see if he is as good at spending our money as his own. Emma is our assessor I, she loves festivals and all of the partying that comes with it! Kai will be our assessor II this year, his hometown is the lovely Nieuw-Amsterdam which probably has more cows than people. Our assessor III is Juliette. She is 'twaars', just like Kai, but this does not mean she is not known with the Groninger student life. We really hope we can have a drink with you all on Monday evening in our favourite pub called Café 't Vaatje to get to know you better!

Kisses,

The Editorial Committee 2021-2022



Hello everyone,

We are the End-of-Schoolyear Camp Committee (JAK) of 2020-2021. Emma is our praeses, she bosses us around. Vera is our ab-actis, she types everything down even though she can't type. Haijo is our quaestor, he keeps our money safe. Eline is our assessor I, she is there for the fun. Last but not least, Fabian is our assessor II and he pulls straw chugs. Normally we would have organised the End-of-Schoolyear camp (Jaarafsluitingskamp). At this camp, we do fun activities and have two theme parties. But due to corona last year the JAK Beer Games were organised, this was a tour through Groningen where you played games and drank speciality beers. This year we hope we can do something similar to this and otherwise we will organise a fun online activity.

If you want to have the best year of your life, apply for this committee!

Greetings,

End-of-Schoolyear Camp Committee 2020-2021 'JAK Sparrow'!



Dear first-years,

We present ourselves as the First-years Committee 2020-2021. As our name states we are all first-year students, Our committee is a great start for your future within the beautiful association Pharmaciae Sacrum. We will organize four activities throughout the year with each a unique theme that we can choose. Nothing is too crazy and that's exactly why the EJC is the best committee. ;)

In order for you to get to know a little bit more we will introduce each member:

Beginning with our praeses Kai who has the job to keep the melting pot together. Our ab-Actis Ali keeps a close eye on the organization and makes all the notes, although he still thinks it's "de water". Our quaestor Erik is the real Frisian and is a great addition to our committee because he is the definition of "niet lullen maar poetsen". Eline is our assessor I, her motto of life is "a glass of wine a day keeps the doctor away". Cas and Iggy, our assessors II & III are walking soccer encyclopedias. Of course they support the greatest soccer club of all, AJAX! And to save the best for last, the heart of our committee Eva & Noa, assessors IV & V. With their creativity the EJC is able to come up with great activities over and over again.

Hopefully we can all meet you at the Introduction Weekend and play our game organized together with the EIK.

Lots of love,

The First-years Committee 2020-2021 "Bubbelguppies"



**Rip: Gis EJC
mascotte**

Bienvenue, herzlich willkommen, and karibu to all first-year students,

After two long homebound years, the time has finally come to start anew. We, as the Foreign Trip Committee (Buitenland Excursie Commissie, BEC) are honored to organize a trip abroad in 2022 and lead you to towns with eternal sun or never-ending snow! During the trip, multiple pharmaceutical companies will be visited. Moreover, time will also be spent sniffing culture from the location.

At the helm stands Michelle, our praeses who will lead our expedition to the unknown land. She captains our ship and guides us to the most favorable path. Our ab-actis Amber will map our journey along the way and she makes sure the tasks get done. In her leisure time, she likes to drink beer and share new games with our committee. Our quaestor Sander keeps track of the finances and has amazing ideas. In addition, he also likes to take a turn at the wheel of luck and takes his losses like a man. Our assessor I, Jelle, has the most experience with being abroad as his hometown is located five minutes away from the border with Germany. Last but not least, we are accompanied by Mano, our assessor II. He is our handyman and helps every time he is needed. Although our whole committee has never experienced the BEC, we are very excited to organize this amazing trip.

Hopefully, you got an idea about the activity of the BEC, and we hope to see you soon!

Lots of love,

The Foreign Trip Committee 2021-2022 'ComeBEC'



Dear P.S.-ers,

We are the 28th Lustrum Committee (LusCo). We have the pleasure to organize the Lustrum in February 2022, when normally the Dies Natalis would take place. The Lustrum is the celebration of every five years of the existence of Pharmaciae Sacrum. It lasts eleven days and will consist of several activities including the Gala Dinner, Gala, Cultural Activity and many more. Different from other committees, the Lustrum Committee is a two-year committee.

A small introduction about who we are: starting off with our praeses Myrthe, aka 'The Oppertukker'. She has to keep the committee on track and ensures a lot of escalation at the committee evenings. Then there is ab-actis Anna, also known as Annie or Anja. Anna is very creative with actually everything. Moreover, she lives on a partyboat where a lot of our great evenings take place. Isn't that exciting??

The quaestor-team of the LusCo consists of Tijn and Menno. Tijn a.k.a. Tinna or 'bovengeschikte' quaestor, has a body like a temple. He survived the Q many times. Menno, Broekie or 'ondergeschikte' quaestor doesn't have a backbone like he says. He is always in for some extra any's. They both play football at V40 and never drink without each other.

Then our assessor I is our sweet Charlotte, a.k.a. Charizard. I hope you all know which Pokémon it is. Charlotte can cook like a real chef. Every committee evening our mouths are filled with the very delicious dishes she cooks. Last but not least, we have assessor II Xander, also known as Xannie. He is always good 'gemutst' and our 'strafmeester'. He ensures that all members take their 'adt'.

XOXO,

The 28th Lustrum Committee

PS. Stay updated on the 28th Lustrum by following us on Instagram!:
@lustrum28ps



Dear first-year students,

We are the Multi Media Committee (MMC). We normally take care of the production of all of those pretty, or sometimes embarrassing photos that are made during all great activities. Most of the time at least one of the members of the MMC is present at all activities to make some nice pictures. Unfortunately, we were not able to make those pictures due to corona. Furthermore, we provide our association of beautiful posters filled with all the information about upcoming activities. These posters are posted on the social media account of P.S. Besides all of this, we also meet each other on Monday evenings, just like the other committees, to cook our dinner together and more often than not, enjoy our evening accompanied with a beer. If it is possible to visit the local pubs again, we will join other committees at 't Vaatje to spend the rest of the evening all together. We hope to see you all there soon!

Lots of love,

Multimedia Committee 'MMC Cheeeese'

INCIPIAS



Introduction Committee 2021-2022

Dear freshmen,

We are the Student Council Pharmacy 'SCP' (in Dutch: Studenten Overleg Farmacie). Our job is to help students with every study-related problem and improve the study Pharmacy. Every two months, we organize a meeting in which every question that is reported to us will be discussed. These meetings are also attended by the year representatives, the heads of Pharmacy, and other academic representatives. Do you have a question? Or a complaint? You can contact us via scp@psgroningen.nl or come to us for help.

The Student Council Pharmacy is assisted by two year representatives for every year of Pharmacy, who will be the contact for their year. If you would like to help us improve the study Pharmacy by being year representative for year one, make sure to keep an eye on the newsletter of Pharmaciae Sacrum! In September we will be looking for new year representatives for the next academic year. We will be present during the Introduction Weekend of Pharmaciae Sacrum, so if you want to know some more, don't be afraid to ask!

Last but not least, we would like to introduce ourselves. Manon is the praeses of the SCP, she is a second-year master student and will be the chair during the SCP-meetings. As the ab-actis, Mirthe will keep track of all important things that are discussed during the meetings. She just started her master's. Danique is a third-year master student and being our quaestor, she will keep an eye on every penny that is spent for our committee. Jip is a second-year master student and as our assessor I she will help us with various things, but most importantly bring a lot of cheerfulness during our committee meetings!

Hope to see you for a drink at 't Vaatje!

With love,

The Student Council Pharmacy 2021-2022



Introduction Committee 2021-2022

Hi everyone!

We are the T.C., short for Technical Committee. The T.C. is the youngest committee of P.S. and was founded several years ago as successor of the Internet Committee.

Our committee consists of five people: Adnan, Remco, Cees, James and Rob. Adnan ('Zadnan') is our chairperson and leads the meetings. Remco ('Petje') is our secretary and keeps track of everything we blur out during our meetings. Cees ('Mr. Boon') is our judge and makes sure we all follow our rules. James ('Jamoesi') is our Adobe expert and has all the knowledge about Photoshop and InDesign. Rob ('The Dawg') is our newest member and a freshman. He will be the future Tech-Guru of P.S.

Unlike many other committees of P.S. we don't organize many activities. It is our task to support the association with all technical affairs. You can see us as the back office of the association. This task is mainly done by good communication with the board, but also by answering questions of other committees and members. We help by doing things like installing hardware where needed and we give advice for every big purchase the association must make on technical purview. We also give short courses about the use of the Adobe programs, Photoshop and InDesign, to help others realize their ideas. We do organize ONE very awesome activity: the Game Night! This night is full of both video- and boardgames and having fun together.

We hope to see you all in "het Vaatje"!

Love,

The Technical Committee 2021-2022



Dear all,

There are a lot of things happening right now at the start of your student life. One of these new, fantastic things is “Villa Volonté”. Perhaps you haven’t heard of the phenomenon Volonté yet, but that will change shortly.

Volonté is the bar of the medical faculty, run by and for students of Pharmacy, Medicine, Human movement Sciences and Dentistry/Dental Hygiene. For 38 years and counting, students resort at Volonté for drinks, parties and activities! Together with our so-called ‘tappers’, we run our bar with much love and joy. We’ve been present at the Introduction Camp to provide you with delicious cold beers, and this year we are ready to serve again! We would really enjoy you having a beer together with us during the introductory camp, but you can also go to the tappers for all your questions surrounding Volonté.

We hope to welcome you after the Introduction Weekend at Villa Volonté. It is the place for Pharmacy students to unwind, gather and enjoy a drink. You can feel it coming, you cannot and do not want to avoid Volonté. The door is always open for you at Schuitendiep 86!

Greetings on behalf of all the members,

Silke Plat

h.t. Voorzitter der Stichting Sociëteit Volonté